

Work-Based Learning (WBL) Student Reflection Questions

Overview

Student reflection questions may be used in conjunction with any WBL experience. They may be answered for each work sample or other portfolio project as an enrichment activity to deepen student understanding. The goal is to reflect on learning, in relation to the learning objectives of the WBL experience.

Reflection on learning has several purposes. The following are some examples of how reflection facilitates student progress in WBL experiences:

- Make tangible connections between what you do in your WBL experience and the intended learning outcomes from the experience.
- Learn to evaluate the quality of your work, in relation to the standards established for those intended learning outcomes.
- Think about how you have improved your knowledge, skills, and abilities over time.
- Identify your strengths and make plans for what you want to do to improve your skills in the future.
- Document in writing how your WBL experience has strengthened your transferable skills.

What you write in your reflection becomes important supporting evidence of your learning that you can share with others along with actual samples of your work when you are applying for jobs, scholarships, or admission to a new education or training program. These reflections will help you achieve personal and professional goals and may be shared with others to extend their own learning.

To complete your reflection, write brief answers to each of the following questions:

1. Describe what you did in the learning experience. What project or assignment did you complete during this activity?

2. Review the intended learning objectives for your WBL experience. What concepts and skills from the intended learning objectives did you demonstrate in this experience?

3. How would you evaluate your performance or output in terms of the standards and criteria outlined in the [Student Self-Assessment of Skills](#)?

4. If this is not the first time you have completed this activity or learning experience, describe how your knowledge, skills, and abilities have improved. How have your technical and transferable skills grown?

5. What would you like to do next to improve your performance in relation to the criteria outlined in the [Student Skills Assessment Rubric](#)?